



# Frequently Asked Questions

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## **What level skier does my child need to be?**

In order to join the race team, we strongly recommend that your child be able to make solid parallel turns. A minimum skill level of 3 is recommended for Intro. to Racing and a minimum skill level of 4 is recommended for joining the Team. Your child must also be able to load the chair lift.

## **Are racers divided by age or experience?**

McIntyre racers are divided by age. McIntyre Ski Team supports 4 age divisions: U8 (ages 6+7), U10 (ages 8+9), U12 (ages 10+11), and U14 (ages 12+13). Placement is based on your child's birthday as of Dec. 31<sup>st</sup>.

## **When does the program begin and end?**

Racers begin with dry land training (hiking, box jumps, team building) mid-late November. On the snow training begins as soon as the snow flies. The program ends, with the final race, at the end of March.

## **How often are practices?**

Practices are 3 nights/week from 6-8pm. The more committed you and your child are to attending practice, the more progress he/she will make as a skier. In addition, skiers are coached through progressions and regular absence can lead to disadvantages and discomfort for the athlete.

## **What are the parental requirements of joining the team?**

Our program is built on positive, full family involvement and commitment. While our team has no parental assignment requirements at this time, the NH racing community relies on volunteers at every level and families are encouraged to get involved at home and away. Kids will spend the vast majority of practice time on the slopes with their coaches. Individual racers, however, may need to come into the lodge on their own to warm up or use the restroom. Parents in the lodge can assist by looking out for their child as well as for other racers who may need assistance.

## **What equipment is needed?**

Racers are required to have up-to-date skis, bindings, poles and boots. Approved ski helmets (hard eared) are required for racers for all training and racing. Ski equipment must be checked by a professional ski shop prior to on snow training. Properly fitting boots and sized equipment are very important to skiing. If shopping for new equipment, we recommend attending the pre-season equipment night with our coaches, equipment reps, and great deals. Special pricing is also offered for members of the ski team through the McIntyre Ski Shop. GS suits, pole guards, and shin guards are optional.

## **What is the total cost of the program?**

\$559 – Team with Season Pass Included

\$80 - USSA Membership and \$25 – NHARA Membership (U10, 12, and 14 members only)

\$40 – Average cost of each race entered (+ hotel expenses if you choose to stay over and parent lift tickets)

\$179 – Team Jacket (optional)

## **Where do the races take place?**

We are part of the Central Division. The majority of our races take place at Pats Peak, Gunstock, Crotched, Sunapee, and Ragged.

## **Are races required?**

No. Our coaches support 6-10 races during the season. Many experienced racers attend every race opportunity including state qualifiers and championships. Those new to racing often select just a few fun open races. U8 racers are not eligible to compete in USSA and NHARA races. The U8 coaches do, however, typically support a few fun NASTAR or Mt. Dew races each season.